

SHORELINE ALLERGY AND ASTHMA ASSOCIATES

MYSTIC, CT 06355 860-536-2995

BILLING OFFICE 860-536-8375

EAST LYME, CT 860-739-3011

NOTE: SHORELINE ALLERGY AND ASTHMA ASSOCIATES IS A FRAGRANCE FREE AND CELL PHONE FREE OFFICE. PLEASE REFRAIN FROM USING EITHER ONE WHEN COMING TO THE OFFICE. THANK YOU

Important Information About Your Allergy Skin Tests

- Please reschedule your tests if you are sick on the day of your appointment.
- **Children under 18 must be accompanied by a parent or have a signed release to be treated without a parent present.**
- **IF YOU HAVE SUNBURN ON THE BACK OR UPPER ARMS YOU WILL NEED TO RESCHEDULE**
- Do not take any antihistamine-containing medications before each skin test visit, since these drugs can make your skin fail to react.

The following medications should be stopped 6 days before each skin test appointment:

- Alavert (over-the-counter)
- Allegra (fexofenadine)
- AlleRx
- Astelin (a prescription nasal spray)
- Astepro(a prescription nasal spray)
- Atarax (hydroxyzine)
- Chlor-Trimeton (chlorpheniramine)
- Clarinex
- Claritin (over-the-counter)
- Dimetapp (brompheniramine)
- Dramamine (dimenhydrinate)
- Imipramine (Tofranil)
- Ketotifen (Zaditor)
- Loratadine (generic Claritin, over-the-counter)
- Patanase (a prescription nasal spray)
- Periacin (cyproheptadine)
- Phenergan (promethazine)
- Tavist (clemastine, over-the-counter)
- Zyrtec (cetirizine)
- Xyzal

The following medications should be stopped 48 hours before each testing appointment:

Benadryl (diphenhydramine)

These medications also interfere with skin testing. Be sure to speak with prescribing doctor before stopping. These medications may need to be stopped 2 weeks before testing

- Antidepressants called “tricyclics”
- Amitriptyline
- Doxepin
- Imipramine
- Sinequan
- cold medications
- over-the-counter allergy medications
- Adapin
- Elavil
- Nortriptyline
- motion sickness medications
- sleep aids

(Most other drugs will NOT interfere with skin testing and should not be stopped), especially asthma inhalers, nasal sprays except **AS LISTED ABOVE**, allergy eye drops, Singulair, and your usual medications for other medical conditions. If you are unsure whether a medicine might contain antihistamines, please don't hesitate to contact our office or your pharmacist.

One type of medication, beta blockers, can intensify allergic reactions and should not be taken during the testing process. If you are taking a beta blocker (usually for heart disease, high blood pressure, migraine, tremor, or as eye drops for glaucoma), do not stop the drug, but discuss it first with your doctor.

NOTE: All lab work and skin testing results will be addressed by your doctor at your summary visit.

Please do not call for results prior to that appointment. Thank you.

Rev9/10